

IWC Dream Article: Fields Dream Symbolism

Introduction

Fields represent open areas that people and animals run around on. This description of fields may be symbolic of relaxation and rest, especially in the middle of important events and situations in one's life. It also may mean openness and opportunities involving a certain subject area in your life.

The Color of Fields

The first suggestion to figure out the meaning of a field in a dream is to try and remember what color the grass was. If it was green, this is a fresh opportunity for healing, for relaxation, for nurturing one's energy and energy field. Some form of revitalization or oneness with the earth can be indicated as well.

Also, a green field may represent the opportunity for outdoor recreational time, such as a sport that involves being on the field, or an opportunity for playtime in good weather.

Yellow fields usually indicate endings that bring peace (dead grass) with yellow symbolizing peace. Grass turns yellow and yellow-oriented colors after the end of Winter and definitely after the end of Spring.

Connecting with the Earth

Fields can remind individuals to make use of the times (especially the good times) we can spend outdoors in good weather and in safe conditions. Fields also represent certain locations we care about when we think about a popular subject such as sports. Other locations include parks and places to spend time with those we love and care about.

One thing to do when we're on or near fields is to allow a sense of revitalization to come through. This can be done in either a relaxing way by going to a park or through having a good time recreationally such as through watching sports.

A sense of revitalization may very well be what your dream is encouraging you to give yourself. It doesn't have to be through being on a field but in a place where you can somehow revitalize your energy and energy level.

Other Meanings of Fields

Sports Events: If there is a sports event you're at in the dream, a balance of work and play may be indicated. If it's a rough-playing game on the field, be careful of being hard on yourself or others. Likewise, be careful of others who may try to 'play it rough' with you in a particular situation in your life.

Concerts: some music concerts are held on fields or in specific parks in various places when the weather is good. If this is the case, joy, uplifting feelings, or some basic form of healing may be indicated. Peace and harmony may very well be present or the opportunity for these subjects to make their way into your life may be what this represents.

Animals on the Field: Various animals represent either male or female aspects within yourself you either have or are developing. If there is a mix of animals such as on a farm, this can indicate a mix of both male and female aspects you either have or are currently developing within yourself.

Food Plants and Trees on a Field: This means good growth, especially if the fruits and vegetables are in harvest season.

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